

Vivienne Cannan

BY NUMBERS

YEARS OF BUSINESS EXPERIENCE | 32

- Travel Consultant (South Africa) **2** years
 - 24-Hour Emergency Duty Office Manager (BA Holidays U.K.)
Promotion
 - Worldwide Operations Manager (BA Holidays U.K.) **Promotion**
 - Quality Manager U.K. (BA Holidays)
Promotion
- British Airways Holidays in the U.K. **8** years
 - MD Stohler / Giltedge Travel (Cape Town, South Africa) **1** year
- Temenos Retreat Centre (McGregor, South Africa) - Events and conference Co-Ordinator (sabbatical) **1+** years
- Office Manager T.J. Cleaning services U.K. (family member the owner) **1** year
 - General Manager - Cape Town Villas (resigned due to a serious back injury) **1** year
 - Rehabilitation year (could not work during this year)
- ALL organized - business owner (sole proprietor) **4** years
 - Successful self-owned consultancy offering the services of operational business coach and facilitation to the small business sector
- Closed business (family crisis which required my help full time) **1** year
 - 2011 re-opened ALL organized **3** years
 - 2014 to April 2020 Director and co-owner of Marvello & Mill, a successful PR and Communications company. **5+** years

April 2020 to-date
[aha Africa](#) non-profit podcast platform

Owner of [Frizbee Social](#): Helping businesses and individuals in: Crisis Management, Coaching, Social Media Campaigns and Contracts, Communications and Marketing.

COUNTRIES WORKED IN | 17

America, Switzerland, Indonesia, Bahamas, Malaysia, Hong Kong, Singapore, Barbados, Jamaica, Trinidad, Tobago, St Lucia, Germany, Austria, Portugal, South Africa and U.K.



12 | TOP SKILLS

Problem solving
Negotiation
Crisis management
Governance and Due Diligence
Communication (verbal & written)
Attention to detail
Multi-tasking/organisation
Social media proficiency
Creative writing/content creation
Strategic thinking
Customer excellence
Upskilling

6 | TOP COMPUTER APPLICATION SKILLS

- Word
- Powerpoint
- Excel
- Outlook
- Hootsuite
- Skype

5 | TOP SOCIAL MEDIA PLATFORM PROFICIENCY

- LinkedIn
- Twitter
- Instagram
- Facebook
- Whatsapp

HOW OTHERS DESCRIBE ME

Committed
Passionate
Driven
Hard working
Helpful
Empathetic
Friendly
Organised

CONTACT DETAILS

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